

## **VOLUNTEER HOSPICE** OF CLALLAM COUNTY

# **Grief Support Group**

# Mondays, June 2 – June 30, 2025

#### Five-week Series -- 1:00 - 3:00 PM

#### **SEQUIM** (location given at time of registration)

#### In a safe and confidential environment:

- share your feelings and experiences with others
- gain a clearer understanding of the mourning process
- learn coping strategies & skills for the emotional pain of loss



Free and open to anyone experiencing grief

## Registration Required 360-452-1511 or office@vhocc.org

Volunteer Hospice of Clallam County offers bereavement services to anyone grieving, regardless of the circumstances of the death. volunteerhospice.org